# **Retirement Readiness**

## Women Savers



# Career Interruptions Affect Women's Retirement Savings

While it's now more common for men to take a "career break" to raise a family or take care of elderly parents, it's still far more likely for a woman to fulfill that role.

### % Taking a Break To Care of a Family Member



42% of Women 28% of Men

Reduced their work hours



27% of Women 10% of Men Quit their job



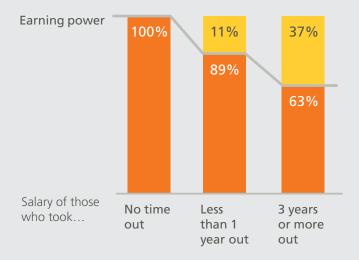
39% of Women 24% of Men

Have taken a significant amount of time off work

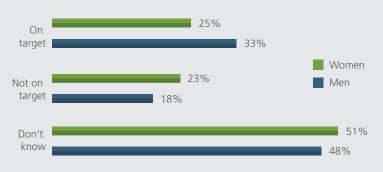
#### What Does It Mean?

Leaving the workforce—even for a short period—affects the available income to save for retirement. Reduced savings opportunities means women lag behind men in retirement preparedness.

#### Reduced Earning Power<sup>2</sup>



# % Saying They Are On-Track for a Comfortable Retirement<sup>3</sup>



#### Reduced Lifetime Income<sup>4</sup>



A career break from age 35–45 could result in a \$1.3 million loss in retirement savings



A career break from age 45–55 could result in a \$1.1 million loss in retirement savings



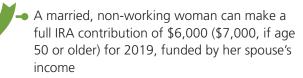
After a Career Break

1 in 5 women who returned to the workforce suffered a pay cut of 20% or more

#### What's the Solution?

Women need to learn about the tools available to help reach retirement savings goals—and use them.

#### Save in a Spousal IRA



- Saving \$6,000 yearly from age 30-40, when out of the workforce, and earning 6%, would yield roughly \$84,000
- Investing \$84,000 from age 40–65, and earning 6%, would yield approximately \$360,000

#### 9 Principles for a Secure Retirement<sup>6</sup>

- Start **saving now**—even a modest amount
- Don't overlook the federal Saver's Credit
- Think twice about leaving the workforce entirely—part-time work may prevent a major pay cut when resuming a full-time career
- Maintain skills and health to be able to work longer
- Participate fully—don't leave budgeting, planning, and financial decision-making to a spouse or partner

#### Contribute to an HSA if Eligible

- Save on taxes through **tax-deductible** contributions, tax-free earnings, and tax-free distributions (used for qualified medical expenses)
- Pay for qualified medical expenses before and during
- $\bigvee$  Use for any reason at age 65 or older without penalty

#### DOL Recommendations<sup>5</sup>

- **Get educated** on risk and return, growth vs. safety
- Save enough to get all "free money" from employer plans, such as a match
- Self-employed individuals—consider establishing a **SEP** or SIMPLE IRA plan or a "solo 401(k)"
  - Become **informed** about retirement savings tax benefits and eligibility for Social Security benefits
  - Annually **boost** savings rate by 1%
  - Save more in a rainy day fund
  - Seek financial expert assistance

# What Can Your Financial Organization Do?

Educate women on their savings options, and market your savings opportunities.



Educate IRA rules, promotions, and importance of saving often and early





**Articles** Website and newsletter



- Sources:

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  "2016 Year in Review," by Cynthia Meter, Gregory A. Ward, and Liz Davidson. March 22, 2017. Financial Finesse Think Tank Research.

  "The triple-whammy facing women in retirement," by Aimee Picchi. October 18, 2016. CBS News.

  "Women and Retirement Savings". September 2017. U.S. Department of Labor.

- Taken in part from "Seventeen Facts About Women's Retirement Outlook," by Catherine Collinson. March 2017. Transamerica Center for Retirement Studies.

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